

UP & DOWN
DOMENICA 19 GIUGNO 2016
GARA PODISTICA NON COMPETITIVA
a passo libero aperto a tutti
5 km circa

RUNNING
WALKING e WALKING DOG

DOMENICA 19 GIUGNO 2016 - PIETRA LIGURE (SV)

Cantieri Sportivi
TORTONA
ALESSANDRIA

FEDERAZIONE ITALIANA
Cronometristi

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CLASSIFICA UP & DOWN

| Pos. | Nominativo | Societa' | Anno | Categoria | Spazio Pett. | Tempo min/km |
|------|----------------------|----------------------|------|------------|-----------------|-------------------|
| 1 | GAGLIONE LEONARDO | ATLETICA RUN FINALE | 1993 | 1 M_10_34 | M 92 | 00:17:46 00:03:33 |
| 2 | FERRUA ALESSANDRO | ALBENGA RUNNER | 1972 | 1 M_35_44 | M 114 | 00:18:11 00:03:38 |
| 3 | CAPPELLI IVAN | ASD RUNRIVIERARUN | 1995 | 2 M_10_34 | M 37 | 00:18:42 00:03:44 |
| 4 | ANSALDO DAVIDE | BERGTEAM SALOMON | 1974 | 2 M_35_44 | M 2 | 00:18:52 00:03:46 |
| 5 | SCARLATA ANTONIO | CAMBIASO RISSO | 1966 | 1 M_45_54 | M 109 | 00:19:00 00:03:48 |
| 6 | BALASINI CHRISTIAN | LIBERO | 1972 | 3 M_35_44 | M 142 | 00:19:07 00:03:49 |
| 7 | BIANCUCCI ANDREA | ASD LAGO OSIGLIA | 1977 | 4 M_35_44 | M 116 | 00:19:17 00:03:51 |
| 8 | FERRANDO MIRCO | ATLETICA CERIALE | 1983 | 3 M_10_34 | M 104 | 00:19:38 00:03:56 |
| 9 | RINALDO FABRIZIO | DORIA NUOTO LOANC | 1966 | 2 M_45_54 | M 87 | 00:19:50 00:03:58 |
| 10 | PARODI MARIO | TRIATHLON SAVONA | 1971 | 3 M_45_54 | M 44 | 00:20:00 00:04:00 |
| 11 | ADINOLFI VINCENZO | BRAGA RUNNERS | 1955 | 1 M_55_64 | M 55 | 00:20:18 00:04:04 |
| 12 | CALCAGNO RENZO | RUN FINALE | 1974 | 5 M_35_44 | M 117 | 00:20:23 00:04:05 |
| 13 | TUIS MARCO | RUNNERS LOANO | 1973 | 6 M_35_44 | M 94 | 00:20:24 00:04:05 |
| 14 | VERDERAME ANDREA | RUN FINALE | 1971 | 7 M_35_44 | M 151 | 00:20:28 00:04:06 |
| 15 | PICATTO GIANLUCA | DURBANO GAS EMERC | 1980 | 4 M_45_54 | M 143 | 00:20:43 00:04:09 |
| 16 | BOGLIOLO CARLO | BAIA DEL SOLE | 1981 | 8 M_35_44 | M 111 | 00:20:45 00:04:09 |
| 17 | SERENO MATTEO | LIBERO | 1999 | 4 M_10_34 | M 89 | 00:20:47 00:04:09 |
| 18 | DESALVO PAOLO | ASD RUNRIVIERARUN | 1963 | 5 M_45_54 | M 23 | 00:20:50 00:04:10 |
| 19 | DUTTO PIERANGELO | LIBERO | 1990 | 5 M_10_34 | M 97 | 00:20:58 00:04:12 |
| 20 | DUTTO LUCA | ALBENGA RUNNER | 1973 | 9 M_35_44 | M 146 | 00:21:00 00:04:12 |
| 21 | BERTANO ADRIANO | UISP BRA | 1976 | 10 M_35_44 | M 134 | 00:21:02 00:04:12 |
| 22 | SCLAVO STEFANO | UISP BRA | 1977 | 11 M_35_44 | M 136 | 00:21:03 00:04:13 |
| 23 | REBORA LUCA | LIBERO | 1984 | 6 M_10_34 | M 58 | 00:21:04 00:04:13 |
| 24 | SICCARDI CLAUDIO | PODISTICA SAVONESE | 1970 | 6 M_45_54 | M 91 | 00:21:08 00:04:14 |
| 25 | SAPPA PAOLO | ASD RUNRIVIERARUN | 1967 | 7 M_45_54 | M 22 | 00:21:44 00:04:21 |
| 26 | GUARINO MATTEO | DORIA NUOTO LOANC | 2001 | 7 M_10_34 | M 145 | 00:21:50 00:04:22 |
| 27 | SIVIERO ALBERTO | EMOZIONI SPORT TEA | 1961 | 2 M_55_64 | M 70 | 00:22:17 00:04:27 |
| 28 | BOGLIOLO ITALO | LIBERO | 1985 | 8 M_10_34 | M 96 | 00:22:24 00:04:28 |
| 29 | SACCONE NICOLO' | LIBERO | 1997 | 9 M_10_34 | M 46 | 00:22:24 00:04:29 |
| 30 | LORINI GABRIELE | CSI PAVIA | 1981 | 12 M_35_44 | M 30 | 00:22:27 00:04:29 |
| 31 | MORNATI MASSIMO | LIBERO | 1971 | 8 M_45_54 | M 59 | 00:22:34 00:04:31 |
| 32 | SACCONE PIETRO | TRAILRUNNERS FINALI | 1984 | 10 M_10_34 | M 4 | 00:22:40 00:04:32 |
| 33 | MARINO DIEGO | RUNNERS LOANO | 1987 | 11 M_10_34 | M 10 | 00:22:42 00:04:32 |
| 34 | MEINERO BARBARA | ATLETICA CAIRO | 1974 | 1 F_35_44 | F 1 | 00:22:48 00:04:34 |
| 35 | CARIELLO LUISA | ATLETICA TROFARELLI | 1971 | 1 F_45_54 | F 82 | 00:22:53 00:04:35 |
| 36 | CASTELLONE SALVATORE | ASD ATLETICA IL COLL | 1979 | 13 M_35_44 | M 45 | 00:23:02 00:04:36 |
| 37 | BIALE STEFANO | GS VALTANARO | 1972 | 14 M_35_44 | M 68 | 00:23:05 00:04:37 |
| 38 | MOLINARI ANDREA | GILLARDO | 1970 | 9 M_45_54 | M 84 | 00:23:08 00:04:38 |
| 39 | GUALERZI GIOVANNI | RUN FINALE | 1967 | 10 M_45_54 | M 125 | 00:23:18 00:04:40 |
| 40 | MAGENTA ALBERTO | AMATORI MASTERS N°1 | 1963 | 11 M_45_54 | M 41 | 00:23:19 00:04:40 |
| 41 | TRUCCO BENEDETTO | PODISTICA SAVONESE | 1956 | 3 M_55_64 | M 67 | 00:23:24 00:04:41 |
| 42 | BAIETTO ADRIANO | RUNNERS LOANO | 1957 | 4 M_55_64 | M 66 | 00:23:27 00:04:41 |
| 43 | GALVAN LUCA | LIBERO | 1982 | 12 M_10_34 | M 120 | 00:23:28 00:04:42 |
| 44 | ANDRONACO NELLA | RUNNERS LOANO | 1971 | 2 F_45_54 | F 8 | 00:23:31 00:04:42 |
| 45 | TRIVELLATO MASSIMO | RUNNERS LOANO | 1966 | 12 M_45_54 | M 150 | 00:23:33 00:04:43 |
| 46 | POLIZZI EMILIANO | RUNNERS LOANO | 1975 | 15 M_35_44 | M 9 | 00:23:50 00:04:46 |
| 47 | RUBATTI CLAUDIO | LIBERO | 1986 | 13 M_10_34 | M 154 | 00:23:55 00:04:47 |
| 48 | BERTONASCO ANDREA | LIBERO | 1972 | 16 M_35_44 | M 149 | 00:23:58 00:04:48 |
| 49 | SACCONE MARINA | ASD RUNRIVIERARUN | 1970 | 3 F_45_54 | F 14 | 00:24:08 00:04:50 |
| 50 | OCCELLI FEDERICO | RUN FINALE | 1978 | 17 M_35_44 | M 127 | 00:24:12 00:04:50 |

CLASSIFICA UP & DOWN

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| 51 | TREVISAN LUCA | LIBERO | 1982 | 14 M_10_34 | M 133 | 00:24:15 00:04:51 |
| 52 | AUGUSTONI DANIELE | LIBERO | 1971 | 13 M_45_54 | M 121 | 00:24:17 00:04:51 |
| 53 | AMERIO CHIARA | DORIA NUOTO LOANC | 2002 | 1 F_10_34 | F 36 | 00:24:18 00:04:52 |
| 54 | CARRARA MANUELA | LIBERO | 1970 | 4 F_45_54 | F 88 | 00:24:32 00:04:54 |
| 55 | MAURI ELEONORA | RUNNERS LOANO | 1966 | 5 F_45_54 | F 106 | 00:24:34 00:04:55 |
| 56 | POLLERO MATILDE | RUNEMOTION | 1997 | 2 F_10_34 | F 47 | 00:24:38 00:04:56 |
| 57 | SCHESBESCH BORIS | LIBERO | 1974 | 18 M_35_44 | M 148 | 00:24:46 00:04:57 |
| 58 | LAZZARA CLAUDIO | DORIA NUOTO LOANC | 1976 | 19 M_35_44 | M 52 | 00:24:48 00:04:58 |
| 59 | MOHAMED MATTEO | LIBERO | 1990 | 15 M_10_34 | M 103 | 00:24:49 00:04:58 |
| 60 | TIPOLI ELISABETTA | RUN&MOTION | 1973 | 2 F_35_44 | F 139 | 00:25:01 00:05:00 |
| 61 | FERRABONE FERNANDA | ASD RUNRIVIERARUN | 1959 | 1 F_55_64 | F 15 | 00:25:07 00:05:01 |
| 62 | PANDORO GIANNI | RUN&MOTION | 1951 | 1 M_65_oltre | M 3 | 00:25:08 00:05:02 |
| 63 | GAZA LUIGI ALESSANDRO | RUNNERS LOANO | 1958 | 5 M_55_64 | M 124 | 00:25:12 00:05:02 |
| 64 | CASASOLA ALESSANDRO | LIBERO | 1985 | 16 M_10_34 | M 102 | 00:25:13 00:05:03 |
| 65 | AICARDI CHIARA | DORIA NUOTO LOANC | 2002 | 3 F_10_34 | F 48 | 00:25:20 00:05:04 |
| 66 | OPERTO LORENZO | ASD RUNRIVIERARUN | 1984 | 17 M_10_34 | M 12 | 00:25:31 00:05:06 |
| 67 | ROSSI ANTONIO | TRAILRUNNERS FINALI | 1982 | 18 M_10_34 | M 99 | 00:25:32 00:05:06 |
| 68 | DE COCCO FRANCESCO | ASD RUNRIVIERARUN | 1972 | 20 M_35_44 | M 19 | 00:25:32 00:05:06 |
| 69 | SPERANZA ROBERTO | EMOZIONI SPORT TEA | 1961 | 6 M_55_64 | M 29 | 00:25:33 00:05:07 |
| 70 | MORRA ANTONIO | RUN TEAM TORINO | 1970 | 14 M_45_54 | M 119 | 00:25:37 00:05:07 |
| 71 | MERCURI FULVIO | GILLARDO | 1975 | 21 M_35_44 | M 85 | 00:25:42 00:05:08 |
| 72 | CAPPELLI CHIARA | DORIA NUOTO LOANC | 2001 | 4 F_10_34 | F 35 | 00:25:51 00:05:10 |
| 73 | TARQUINI ENNIO | RUNNERS LOANO | 1949 | 2 M_65_oltre | M 32 | 00:25:52 00:05:10 |
| 74 | POLLERO ALESSANDRO | LIBERO | 1965 | 15 M_45_54 | M 140 | 00:25:59 00:05:12 |
| 75 | GORRINO MARCO | GS VALTANARO | 1976 | 22 M_35_44 | M 69 | 00:26:03 00:05:13 |
| 76 | COLETTI MARIO | ASD RUNRIVIERARUN | 1959 | 7 M_55_64 | M 24 | 00:26:09 00:05:14 |
| 77 | IACHINI ROBERTO | RUNNERS LOANO | 1964 | 16 M_45_54 | M 95 | 00:26:19 00:05:16 |
| 78 | GIACOMAZZI ORNELLA | DURBANO GAS EMERC | 1961 | 2 F_55_64 | F 53 | 00:26:25 00:05:17 |
| 79 | TERRANDO PAOLA | AMATORI MASTERS N°1 | 1967 | 6 F_45_54 | F 40 | 00:26:49 00:05:22 |
| 80 | ORSINI GIORGIA | GP SOLVAY | 1975 | 3 F_35_44 | F 144 | 00:26:54 00:05:23 |
| 81 | VACCAROLI PIETRO | CRAL OSP. VOGHERA | 1962 | 17 M_45_54 | M 83 | 00:26:58 00:05:24 |
| 82 | VOLPI DAVIDE | LIBERO | 1976 | 23 M_35_44 | M 93 | 00:27:02 00:05:24 |
| 83 | MAIO FABRIZIO | ASD PODISTICA TORIN | 1973 | 24 M_35_44 | M 34 | 00:27:05 00:05:25 |
| 84 | BERTONASCO MASSIMO | LIBERO | 1965 | 18 M_45_54 | M 138 | 00:27:08 00:05:26 |
| 85 | CASSINA ELEONORA | DORIA NUOTO LOANC | 2001 | 5 F_10_34 | F 49 | 00:27:10 00:05:26 |
| 86 | ZUNINO PAOLO | ASD RUNRIVIERARUN | 1986 | 19 M_10_34 | M 38 | 00:27:12 00:05:26 |
| 87 | FIORAVANTI MIRKO | TRAILRUNNERS FINALI | 1978 | 25 M_35_44 | M 98 | 00:27:18 00:05:28 |
| 88 | CAMPBELL BRONA MARIA | ASD RUNRIVIERARUN | 1968 | 7 F_45_54 | F 13 | 00:27:19 00:05:28 |
| 89 | BIANCHINI ROBERTO | ASD RUNRIVIERARUN | 1967 | 19 M_45_54 | M 21 | 00:27:20 00:05:28 |
| 90 | MONTANARI MICHELA | LIBERO | 1979 | 4 F_35_44 | F 135 | 00:27:21 00:05:28 |
| 91 | FALONE MASSIMO | ASD CISANO 2.0 | 1976 | 26 M_35_44 | M 5 | 00:27:23 00:05:29 |
| 92 | SPADARI GIANLUIGI | LIBERO | 1978 | 27 M_35_44 | M 123 | 00:27:26 00:05:29 |
| 93 | TARDITO ANDREA | LIBERO | 1971 | 20 M_45_54 | M 122 | 00:27:50 00:05:34 |
| 94 | MARTINO CANDIDO | VIGONE CHE CORRE | 1954 | 8 M_55_64 | M 86 | 00:27:54 00:05:35 |
| 95 | DE COCCO ANDREA | LIBERO | 2002 | 20 M_10_34 | M 20 | 00:28:00 00:05:36 |
| 96 | ADRIANO MIRELLA | LIBERO | 1974 | 5 F_35_44 | F 80 | 00:28:18 00:05:40 |
| 97 | IOPPOLO ANDREA | LIBERO | 1978 | 28 M_35_44 | M 81 | 00:28:20 00:05:40 |
| 98 | MOLLEA RITA | RUN FINALE | 1963 | 8 F_45_54 | F 108 | 00:28:26 00:05:41 |
| 99 | SOLANO RENATO | US MAURINA | 1946 | 3 M_65_oltre | M 72 | 00:28:31 00:05:42 |
| 100 | GIANNELLI MARCO | LIBERO | 1967 | 21 M_45_54 | M 7 | 00:28:32 00:05:42 |

CLASSIFICA UP & DOWN

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| 101 | RINALLO GIORGIA | LIBERO | 1990 | 6 F_10_34 | F 56 | 00:28:35 00:05:43 |
| 102 | COSTANTINO SILVANO | DURBANO GAS EMERC | 1961 | 9 M_55_64 | M 54 | 00:28:36 00:05:43 |
| 103 | ASPELI DANIELA | LIBERO | 1986 | 7 F_10_34 | F 76 | 00:28:45 00:05:45 |
| 104 | MAIORCA ANTONIO | ASD RUNRIVIERARUN | 1950 | 4 M_65_oltre | M 28 | 00:29:24 00:05:53 |
| 105 | MAINERI ANTONIO | LIBERO | 1967 | 22 M_45_54 | M 43 | 00:29:30 00:05:54 |
| 106 | TIMO NOEMI | LIBERO | 2003 | 8 F_10_34 | F 90 | 00:29:36 00:05:55 |
| 107 | CORRIAS ROBERTO | LIBERO | 1969 | 23 M_45_54 | M 60 | 00:29:46 00:05:57 |
| 108 | LA SERRA MARY | LIBERO | 1969 | 9 F_45_54 | F 77 | 00:29:56 00:05:59 |
| 109 | GRANATO GIUSEPPE | LIBERO | 1959 | 10 M_55_64 | M 113 | 00:30:14 00:06:03 |
| 110 | SAPONE CINZIA | RUN FINALE | 1981 | 6 F_35_44 | F 118 | 00:30:16 00:06:03 |
| 111 | CALLERI SARA | LIBERO | 1975 | 7 F_35_44 | F 6 | 00:30:25 00:06:05 |
| 112 | FRACASSETTI GINO | LIBERO | 1966 | 24 M_45_54 | M 107 | 00:30:36 00:06:07 |
| 113 | COLOMBO MARIO | LIBERO | 1960 | 11 M_55_64 | M 75 | 00:30:50 00:06:10 |
| 114 | ARDISSONE ROSSANA | ASD CISANO 2.0 | 1965 | 10 F_45_54 | F 39 | 00:31:18 00:06:16 |
| 115 | GIACOBBE GIANCARLO | LIBERO | 1950 | 5 M_65_oltre | M 71 | 00:31:25 00:06:17 |
| 116 | CALCAGNO GABRIELE | LIBERO | 1985 | 21 M_10_34 | M 129 | 00:31:33 00:06:19 |
| 117 | PONZELLI VALENTINA | LIBERO | 2005 | 9 F_10_34 | F 137 | 00:32:16 00:06:27 |
| 118 | SAVIO MARIANGELA | LIBERO | 1973 | 8 F_35_44 | F 147 | 00:32:18 00:06:28 |
| 119 | CASULE MARIA GIOVANNA | RUNNERS LOANO | 1960 | 3 F_55_64 | F 105 | 00:32:47 00:06:33 |
| 120 | MINARELLO GIORGIA | LIBERO | 2004 | 10 F_10_34 | F 64 | 00:33:47 00:06:45 |
| 121 | MINARELLO VANESSA | LIBERO | 2006 | 11 F_10_34 | F 62 | 00:33:51 00:06:46 |
| 122 | MINARELLO FRANCESCO | LIBERO | 1973 | 29 M_35_44 | M 61 | 00:34:11 00:06:50 |
| 123 | MELLONI RENATO | LIBERO | 1956 | 12 M_55_64 | M 126 | 00:34:41 00:06:56 |
| 124 | ROSSIN MAURO | LIBERO | 1959 | 13 M_55_64 | M 74 | 00:35:19 00:07:04 |
| 125 | MURA ANTONIO | LIBERO | 1966 | 25 M_45_54 | M 78 | 00:35:20 00:07:04 |
| 126 | PROVERBIO VITTORE | RUNNER VARESE | 1936 | 6 M_65_oltre | M 115 | 00:36:21 00:07:16 |
| 127 | GAMBA TOMMASO | LIBERO | 2004 | 22 M_10_34 | M 130 | 00:37:03 00:07:25 |
| 128 | LO CONTE ARIANNA | LIBERO | 1977 | 9 F_35_44 | F 112 | 00:37:23 00:07:29 |
| 129 | DI VARA SIMONE | BAIA DEL SOLE | 1977 | 30 M_35_44 | M 110 | 00:37:24 00:07:29 |
| 130 | GAMBA SAMUELE | LIBERO | 2007 | 23 M_10_34 | M 131 | 00:38:05 00:07:37 |
| 131 | GHISI ENRICA | LIBERO | 1980 | 10 F_35_44 | F 57 | 00:38:36 00:07:43 |
| 132 | GOTTI GIUSEPPINA | LIBERO | 1963 | 11 F_45_54 | F 79 | 00:39:36 00:07:55 |
| 133 | MILANESIO LO | | | | | |